

# Dr. Tancy C. Horn Johnson, LCSW-S, Somatic Experiencing Practitioner, EMDR-CIT, DARTT, CEDS-C, ERP-C, TCTSY-F, RYT

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Private Practice: Dr. Tancy C. Horn-Johnson  
7543 Bosque Blvd  
Suite D  
Woodway, TX 76712  
DrTancyCHorn@gmail.com  
Psychology Today: 254.239.0784

ph 254.715.9361  
dr.tancyhorn@gmail.com

## CLINICAL PRIVATE PRACTICE

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Nov-2017-current Psychotherapy for Individuals, Families and Groups; Clinical Supervision; Consultation and Education Services – Specialize in Eating Disorders, General Psychotherapy Practice  
Old Hewitt Professional Suites  
Waco, TX 76712

## ACADEMIC POSITIONS

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2012- Jan 2019    Instructor/Advisor  
                         Outreach Manager  
                         Tarleton State University  
                         Department of Social Work

2012 Spring     Adjunct Faculty  
                         Tarleton State University  
                         Department of Social Work

2007-2010       Adjunct Faculty  
                         Baylor University  
                         Diana R. Garland School of Social Work

## EDUCATION

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2016              Doctorate in Social Work (D.S.W.) Capella University, Minneapolis, MN  
                         Dissertation: Identifying life challenges of women at a branch campus through life course interviews:  
                         Implications for service delivery. (A Participatory Action Research Study).

1996              Master of Social Work (M.S.W.) Clinical Social Work Concentration,  
                         University of Pittsburgh, Pittsburgh, PA

1992              Bachelor of Science (B.S.) Psychology; Women's Studies; Communication Studies,  
                         University of Pittsburgh, Pittsburgh, PA

## AREAS OF SPECIALIZATION

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**Primary:** Specialize as Developmental and Relational Trauma Therapist, Specialize in Eating Disorders Across the Life Span, Body Image, Health & Wellness and Clinical Applications; Trauma, PTSD. Women's Mental Health, Spirituality and Hopefulness in Therapy; Women seeking traditional/nontraditional academic pathways; School Social Work; Maternal Health and Health

Disparities, Culturally Competent Service Delivery for Women; Women and work; Children and families; Veterans and Military Families, Research Methods; Inter-Disciplinary Research, i.e., nursing, public health, addiction counseling/psychology; Participatory action research methodology; Best-Practices in Clinical Supervision; Trauma-Informed Practice approaches in clinical supervision

**Secondary:** Life Course/Life Span theory, Possible-selves theory, Resiliency

## **PUBLICATIONS**

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**Horn-Johnson, T. C.** (2016) Identifying life challenges of women at a branch campus through life course interviews: Implications for service delivery. Available at: <https://search.proquest.com/openview/06c1287f3de29132dab88d1b3c823d72/1?pq-origsite=gscholar&cbl=18750&diss=y>

Harr, C., **Horn-Johnson, T. C.**, Williams, N., & Jones, M., (2013). Personal trauma and risk behaviors among youth entering residential treatment. *Child and Adolescent Journal of Social Work*.

Harr, C., **Horn-Johnson, T. C.**, Williams, N., & DeJager, L. (2011). The impact of family stressors on the social development of adolescents admitted to a residential treatment facility, *Journal of Family Strengths*: Vol. 11: Issue 1, Article 11. Available at: <http://digitalcommons.library.tmc.edu/jfs/vol11/iss1/11>

## **SELECTED PRESENTATIONS, PAPERS – PEER REVIEWED**

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**Horn-Johnson, T. C.** (2015). Tarleton State University 1<sup>st</sup> Annual BSW Undergraduate Research Symposium. Presentation: Personal Trauma and Risk Behaviors among Youth Entering Residential Treatment. Presentation for TSU 1<sup>st</sup> Annual BSW Research Symposium.

**Horn-Johnson, T. C.**, Harr, C. (2013). Texas Chapter of the National Association of Social Workers Conference. Presentation: Personal Trauma and Risk Behaviors among Youth Entering Residential Treatment. Presentation for NASW 37<sup>th</sup> Annual State Conference, Austin, Texas.

**Horn-Johnson, T. C.**, Harr, C. (2011). Texas Chapter of the National Association of Social Workers Conference. Presentation: Characteristics, Diagnoses, and Treatment Responses for Adolescents Receiving Services in a Residential Treatment Facility. Presentation for NASW 35<sup>th</sup> Annual State Conference. Dallas, Texas.

## **CONFERENCES, SELECTED SYMPOSIA**

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**Horn-Johnson T.C.** Mercado, M., & Keith, A. (2017). The State of Women in Texas: Post 85<sup>th</sup> Legislative Session. The Texas Chapter of the Association of Social Workers Conference. October 5 – 7, 2017. Galveston, TX

**Horn-Johnson, T. C.** (November 18, 2016). Ethical Considerations in Clinical Practice: The Use of Social Media. National Alliance on Mental Illness (NAMI) Waco Conference. Waco, TX.

**Horn-Johnson, T. C.**, Mercado, M., Villanueva, N. & Keith, A. (2016). The State of Women in Texas: Post 84<sup>th</sup> Legislative Session. The Texas Chapter of the Association of Social Workers Conference. October 6 – 8, 2016. Arlington, TX.

Alex, H., Knight, A., & **Horn-Johnson, T. C.**, (2015). The State of Women in Texas: How the 84<sup>th</sup> Legislative Session will Impact Women. The Texas Chapter of the Association of Social Workers Conference. November 6 – 8, 2015. Galveston, TX.

Ferrales, D., Randle, E. & **Horn-Johnson, T. C.** (2014). Scaffolding Policy in the BSW Curriculum: Teaching Policy as Part of a Three Semester Community Partnership. Policy Conference 2.0: Energizing for Activism: Recommitting to Policy Change. May 29-31, 2014. Austin, TX.

**Horn-Johnson, T. C.**, (2011). National Association of Christian Social Workers (NACSW). Teen spirituality: How does church affiliation mitigate trauma and influence treatment outcome in a long-term residential treatment program? Presentation for 61<sup>st</sup> Annual Convention. Pittsburgh, PA.

Sapp, D., **Horn-Loiben, T. C.**, Nicholas, A. & Franklin, T. (March 2004). Hand In Hand 2004 Conference. Involve to Evolve.

Workshop presented for the Baylor University School of Social Work and the Center for Family and Community Ministries 2004 Hand in Hand Conference. Dallas, Texas.

## **P R E S E N T A T I O N S , I N V I T E D T A L K**

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**Horn-Johnson, T.C. (April 2019)** Eating Disorders and Obsessive-Compulsive Disorder. Presented at *Baylor University, Diana R. Garland School of Social Work, Dr. Cheryl Pooler, MSW, Children & Families Advanced Practice Class*. Waco, TX.

**Horn-Johnson, T.C. (2018)**. National Alliance on Mental Illness (NAMI): Advocacy for people with mental health needs. Presentation held on February 2, 2018, for the *Heart of Texas Counseling Association (HOTCA)*, Waco, TX.

**Horn-Johnson, T.C. Rowe, J. (2017)**. The impact of stress among college students: An exploration of integrative treatment approaches. Presented at Tarleton-Waco/University Center/McLennan Community College. *Mental Health Awareness Week (MHAW)*, Waco, TX.

**Horn-Johnson, T. C. (2016)**. Self-destructive behaviors among college students: Eating disorders and self-harm. Presented at Tarleton-Waco/University Center/McLennan Community College. *Mental Health Awareness Week (MHAW)*. Waco, TX.

**Horn-Johnson, T. C. (2016)**. Eating disorder symptoms among college students: Prevalence, assessment and current treatment modalities. Presented for the *NAMI Waco Community Professional Education Event*. February 24, 2016. Waco, TX.

**Horn-Johnson, T. C. (2015)**. Rape myths measure: What motivates the sexual double standard? Presented at the University Center/McLennan Community College. *Sexual Violence Awareness Month*. Waco, TX.

**Horn-Johnson, T. C. (2008-2012)**. Working with adolescents and families in long-term residential care DSHS/WCY. Baylor University/MSW Course: Working with Children & Families. Dr. Cindy Harr. Ms. Susanne Christian-Klawetter. Presentation to MSW Children & Families Concentration students. Baylor University, School of School of Social Work.

Eichas, K., **Horn-Johnson, T. C.**, Harris, S., Dennard, C., & Notgrass, D. (2013). Perceptions of students at a local state-supported university: Trials, tribulations, triumphs! Presented at the 6<sup>th</sup> annual *Greater Waco Community Education Summit*, Waco, TX.

## **P R E S E N T A T I O N S , P O S T E R S**

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Moffatt, M., Whiteley, J., & Eichas, K., Dennard, C., **Horn-Johnson, T. C.**, Meca, A., & Maximin, B. (2014). Identity development at a university center: A self-transformative model. To be presented at the 19<sup>th</sup> biennial conference meeting of the *Society for Research on Human Development*, Austin, TX.

Hilcox, L., Whiteley, J., Moffatt, M., Stickley, Z., Eichas, K., Dennard, C., & **Horn-Johnson, T. C.** (2014). Identity commitment and academic motivation: A study of nontraditional students. To be presented at the 21<sup>st</sup> annual conference meeting of the *Society for Research on Identity Formation*, Austin, TX.

Moffatt, M., Whiteley, J., Stickley, Z., Eichas, K., Dennard, C., **Horn-Johnson, T. C.**, Cox, S., Meca, A., & Maximin, B. (2014). Identity development among university center students: The role of academic self-regulation. To be presented at the 21<sup>st</sup> annual conference meeting of the *Society for Research on Identity Formation*, Austin, TX.

Eichas, K., **Horn-Johnson, T.C.**, Dennard, C., Moffatt, M., Meca, A., & Maximin, B. (2014). Identity development and academic self-regulation among emerging adults following nontraditional educational pathways. To be presented at the 15<sup>th</sup> biennial conference meeting of the *Society for Research on Adolescence*, Austin, TX.

Moffatt, M., Whiteley, J. Eichas, K., **Horn-Johnson, T. C.**, Dennard, C., Meca, A., & Maximin, B. (2014). Identity development at a university center: A self-transformative model. Presented at the 19<sup>th</sup> biennial conference meeting of the *Society for Research on Human Development*, Austin, TX

Kolko, D. J., Day, B. T. & **Horn-Loiben, T. C.**, (1992). Community Based Intervention for conduct disordered children: Description and clinical course. Poster presented at the 26<sup>th</sup> Annual Convention of the Association for the Advancement of Behavior Therapy. Boston, Massachusetts.

## TARLETON STATE UNIVERSITY

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### Tarleton State University

**IRB Submitted August 2016/Closed**

Ferrales, D., **Horn-Johnson, T. C.**, Aguilar, L., Porter, B. (2016). Barriers to higher education. The purpose of this study is to investigate barriers preventing low-income (economically disadvantaged) potential students from obtaining their higher education.

### Tarleton State University

**IRB: Submitted August 2014/Closed**

Hall, E., Randle, E., Jones, N. & **Horn-Johnson, T. C.** (2014). Field Instructor assessment of social work student practice behaviors. The purpose of the study is to rate student's level of competency on the 41 Council of Social Work Education (CSWE) practice behaviors. Field Instructors rate students' level of competency on the 41 practice behaviors using the Field Instructor Rating Scale (FIRS).

### Tarleton State University

**IRB: Submitted August 2014/Closed**

Hall, E., Randle, E., Jones, N. & **Horn-Johnson, T. C.** (2014). Student self-efficacy of social work practice behaviors. The purpose of the study is to assess how you rate your effectiveness on the 41 practice behaviors outlined by the Council on Social Work Education (CSWE).

## CURRENT INVESTIGATIONS

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Adapting Investigations for Private Practice Inquiries – Evidence-Based Practices – Clinical Supervision

## RESEARCH EXPERIENCE

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|-------------|---|
| 2013 – 2016 | Dissertation: Identifying life challenges of women at a branch campus through life course interviews: Implications for service delivery. Capella University/Tarleton State University   |
| 2012 – 2014 | Doctoral Student Researcher, Adult Development Project. Tarleton State University/Capella University  |
| 2009 – 2012 | Institutional Review Board Member (IRB) Committee Member. Texas Department of State Health Services (DSHS) Austin, TX   |
| 2009 - 2012 | Research Coordinator of Social Work Interns (BSW & MSW). Developed a Research Agenda for Waco Center for Youth agency and developed a BSW/MSW Social Work Research team. Students partnered with a Baylor University professor of record. During one academic year, worked with a total of ten (10) Social Work students on the research team. Advanced Practice Clinical Concentration students presented their work at the annual Baylor University Research Colloquium. DSHS, Waco, TX |
| 1991 - 1992 | Research Assistant, Child & Parent Behavior Clinic/Dr. David Kolko (PI). Western Psychiatric Institute & Clinic (WPIC), Pittsburgh, PA  |
| 1989 - 1990 | Research Assistant, Depression Clinic. Principal Investigator: Dr. Helen Frank. Longitudinal Study examining the efficacy of three treatment modalities: 1) Interpersonal Therapy; 2) Medication Clinic; 3) Interpersonal Therapy & Medication Clinic. WPIC, Pittsburgh, PA   |

## RESEARCH PROGRAM DEVELOPMENT

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\*Closed IRB's attached at the end of this CV

## TARLETON STATE UNIVERSITY - STUDENT RESEARCH SUPERVISED

Lopez, E. (2015). *Women's health initiative: Key informant interview development, implementation and analysis*. BSW Undergraduate Research Mentorship, Tarleton State University, Waco, TX.

McClain, M., Lopez, E. (2015). *Women's health initiative: Access to health care: A woman's right!*. BSW Undergraduate Presentation, Research Symposium Waco, TX.

McClain, M. (2014). *Women's health initiative: Key Informant interview development, implementation, and analysis*. Undergraduate Research Mentorship, Tarleton State University, Waco, Texas.

## CLINICAL PSYCHOTHERAPY EXPERIENCE

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- 2004 - Clinical Supervisor, Social Work/Board Approved Private Individual & Group Supervision. Waco, TX
- 2013 – 2014 Clinical Group Supervisor, Psychology students/Making Career & Education Choices Workgroup (MCEC)  
**Tarleton State University, Waco, TX**
- 2005 – 2012 Clinical Therapist for Children & Families; **Department of State Health Services/Waco Center for Youth. Waco, TX**
- 2009 – 2012 Clinical & Research Coordinator for Student Interns. Developed a Social Work Internship program at DSHS, serving several Social Work departments/schools. At one point, provided leadership for ten (10) BSW & MSW Social Work students. Collaborated with agency licensed social workers to interview and provide supervision to Social Work students. **Department of State Health Services/Waco Center for Youth. Waco, TX**
- 2000 – 2004 Clinical Supervisor and Administrator. Overall supervision of twenty-four staff. Responsible for hiring, supervising and training of social workers/counselors, home parents and youth care counselors in units. Responsible for compliance of licensing standards. Conducted clinical and child care planning; advising team leader for individual and group care decisions related to implementing psychoeducational strength-based philosophy of care; Eating Disorder consultations with referred clients; responsible for responding to crisis situations, consulting/managing according to situation.  
**Methodist Children's Home, Waco, TX**
- 1996 – 1999 Director, Residential Treatment Center. Designed, created, implemented and trained staff on psychoeducational strength-based program. Overall responsible for hiring and supervising fifteen staff. Conducted psychoeducational and therapy groups; led weekly multi-disciplinary treatment team; responsible for all Residential Treatment Center operations. **Methodist Children's Home, Waco, TX**
- 1995 – 1996 MSW Clinical Intern, Center for Overcoming Problem Eating (COPE), Inpatient Unit. Conducted psychosocial assessments with patients entering treatment for eating disorders/comorbid disorders. Provided individual and family psychotherapy with patients, led a twice-weekly psychotherapy group and twice-monthly multi-family group. Participated in twice-weekly multi-disciplinary treatment team; presented patient cases in unit case conference meetings. **Western Psychiatric Institute and Clinic. University of Pittsburgh Medical Center (UPMC). Pittsburgh, PA**
- 1993 – 1994 MSW Clinical Intern, Center for Children and Families/Family Therapy Center. Outpatient Clinic. Conducted comprehensive psychosocial assessments to determine diagnoses, treatment planning for clients ages two through seventeen. Provided individual and family therapy for caseload. **WPIC/UPMC, Pittsburgh, PA**
- 1992 – 1996 WPIC Inpatient Therapist. Worked on following inpatient units: Center for Overcoming Problem Eating (COPE). Geriatric Psychiatry Unit – implemented milieu therapy and group therapy interventions, i.e., reminiscence, insight and focus therapies, participated in weekly multi-disciplinary treatment team; Affect and Conduct Evaluation Services – led problem solving skills group, interpersonal issues process group, anger management group, survival skills group, participated in weekly multi-disciplinary treatment team; John Merck Multiple Disabilities Program Unit – implemented milieu therapy interventions with children/adolescents diagnosed with multiple disabilities, attended weekly multi-disciplinary treatment team meetings.

Additionally worked on other units: Adult Mood Disorder Unit; Schizophrenia Care Unit; Women's Unit (severe Personality D/O's, Dissociative D/O's); Brain Injury Unit. **WPIC/UPMC, Pittsburgh, PA**

1989 – 1992 Inpatient - Direct Care staff – 'nursing-assistant,' Worked on COPE (Center for Overcoming Problem Eating) Milieu/group art and movement therapies facilitated, communication with Eating Disorder patient families. Affect and Conduct Evaluation Services Inpatient Unit. Additional inpatient units served, i.e., John Merck Multiple Disabilities Program, Schizophrenia Care Unit, Women's Unit, Geriatric Psychiatry Unit, Child Affective Treatment Unit, Adult Mood Disorder Unit. Implemented milieu therapy interventions with patients; attended multi-disciplinary treatment team meetings. **WPIC/UPMC, Pittsburgh, PA**

## LANGUAGES

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1975 Summer Traveled to Germany with Women's Christian Gospel Group; **Southwestern Assemblies of God College (SAGC) Waxahachie, TX**

1976 Summer Traveled to Germany for extended summer

1977 – 1981 Lived in Central Germany, completed five (5) semesters of German Language at University of Maryland, European Extension; became fluent in German over the course of five years.

## TEACHING INTERESTS

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Clinical Practice Courses, Advanced Multicultural Practice with Children and Families; Eating Disorders Across the Life Span; Child, Adolescent and Adult Mental Health, Maternal Mental Health, Clinical DSM5; Clinical Supervision; Models of Clinical Intervention; Clinical Skills in Psychopathology; Psychopharmacology and Social Work Practice; Special Topics – Women and Health/Maternal Health, Women as Leaders, International Social Work; Trauma-Informed Clinical Supervision

## UNIVERSITY TEACHING EXPERIENCE

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2018, Fall Social Work 3329: Human Behavior in the Social Environment I. Tarleton State University, Department of Social Work

2018, Summer Social Work 5086/4086 Advanced Elective/Cross Listed (*online delivery*) Working with Veterans and Military Families, Clinical Concentration. Tarleton State University, Department of Social Work

2018, Spring Social Work 3316: Practice I, Practice with Individuals and Small Groups. Tarleton State University, Department of Social Work

2017, Fall Social Work 5373: DSM5 for Clinicians. Clinical Concentration. Tarleton State University, Department of Social Work

2017, Summer Social Work 5086/4086 Advanced Elective/Cross Listed (*online delivery*) Working with Veterans and Military Families, Clinical Concentration. Tarleton State University, Department of Social Work

2017, Spring Social Work 5381: Clinical Supervision. Clinical Concentration, Tarleton State University, Department of Social Work

2016, Fall Social Work 5373: DSM5 for Clinicians. Clinical Concentration. Tarleton State University, Department of Social Work

2016 Summer Social Work 3311: Advanced Elective: Child/Adult Mental Health (*online delivery*). Tarleton State University, Department of Social Work

2016, Spring Social Work 3316: Practice I, Practice with Individuals and Small Groups. Tarleton State University, Department of Social Work

2016, Spring	Social Work 3339: Human Behavior in the Social Environment II. Tarleton State University, Department of Social Work
2015, Fall	Social Work 3329: Human Behavior in the Social Environment I. Tarleton State University, Department of Social Work
2015, Summer	Social Work 3311: Advanced Elective: Social Issues ( <i>online delivery</i> ). Tarleton State University, Department of Social Work
2015, Summer	Social Work 4686: Human Behavior in the Social Environment. <i>Independent Study (online delivery)</i> . Tarleton State University, Department of Social Work
2015, Spring	Social Work 3316: Practice I: Practice with Individuals and Small Groups. Tarleton State University. Department of Social Work
2015, Spring	Social Work 2361: Introduction to Social Work. <i>Independent Study (hybrid delivery)</i> . Tarleton State University. Department of Social Work
2014, Fall	Social Work 4622: Field Internship I. Community Internship. Tarleton State University. Department of Social Work
2014, Summer	Social Work 3311: Advanced Elective: Case Management ( <i>hybrid delivery</i> ). Tarleton State University, Department of Social Work
2014, Summer	Social Work 4486: Practice I: Practice with Individuals and Small Groups. <i>Independent Study (hybrid delivery)</i> . Tarleton State University, Department of Social Work
2014, Spring	Social Work 3306: Social Welfare Policy. Tarleton State University, Department of Social Work
2013, Fall	Social Work 4312: Practice II: Work with Communities and Organizations. Tarleton State University, Department of Social Work
2013, Fall	Social Work 3320: Service Learning: Community Participatory Action Research. Tarleton State University, Department of Social Work
2013, Summer	Social Work 4486: Advanced Elective: Children's Mental Health ( <i>online delivery</i> ). Tarleton State University, Department of Social Work
2013, Summer	Social Work 4421: Advanced Elective: Death and Dying ( <i>online delivery</i> ). Tarleton State University, Department of Social Work
2013, Summer	Social Work 4486: Practice I: Practice with Individuals and Small Groups. <i>Independent Study (hybrid delivery)</i> . Tarleton State University Department of Social Work
2013, Spring	Social Work 3316: Practice I: Practice with Individuals and Small Groups. Tarleton State University. Department of Social Work
2013, Spring	Social Work 3306: Social Welfare Policy. Tarleton State University. Department of Social Work
2012, Fall	Social Work 3314: Methods of Social Work Research. Tarleton State University. Department of Social Work
2012, Fall	Social Work 3303: Social Work with Diverse Populations. Tarleton State University. Department of Social Work
2012, Spring	Social Work 3306: Social Welfare Policy. Tarleton State University, Department of Social Work

2010, Fall Social Work 4491: Field Internship I: Baylor University. Diana R. Garland School of Social Work

2010, Summer Social Work 5492: Field Internship II. Baylor University. Diana R. Garland School of Social Work

2010, Spring Social Work 4492: Field Internship II. Baylor University. Diana R. Garland School of Social Work

2009, Fall Social Work 5371: Professional Practice I. Baylor University. Diana R. Garland School of Social Work

2009 Summer Social Work 5492: Field Internship II. Baylor University. Diana R. Garland School of Social Work

2009 Summer Social Work 4492: Field Internship II. Baylor University. Diana R. Garland School of Social Work

2009, Spring Social Work 4492: Field Internship II. Baylor University. Diana R, Garland School of Social

2008, Fall Social Work 5171: Professional Practice I. Baylor University. Diana R. Garland School of Social Work

2008, Summer Social Work 5492: Field Internship II. Baylor University. Diana R. Garland School of Social Work

2008, Summer Social Work 4492: Field Internship II. Baylor University. Diana R. Garland School of Social Work

2008, Spring Social Work 4492: Field Internship II. Baylor University. Diana R. Garland School of Social Work

2007, Fall Social Work 4491: Field Internship I. Baylor University. Diana R. Garland School of Social Work

2007, Spring Social Work 4492: Field Internship II. Baylor University. Diana R. Garland School of Social Work

#### **TEACHING/FIELD AWARD**

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2010 Baylor University Field Instructor of the Year

#### **SOCIAL WORK SERVICE**

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2016 Baccalaureate Program Director's (BPD). The Association of Baccalaureate Social Work Program Directors, Inc. is an association of BSW Program Administrators, Faculty, Field Directors, and others dedicated to the promotion of excellence in baccalaureate social work education. Served on the Local Event Planning Committee. Dallas, TX

2013 - 2017 Prosper Waco, Health Steering Committee. The vision for the committee is: by 2020, McLennan County will reach the top quartile (60th or better) of Texas counties in Quality of Life (currently 187th) and Health Behaviors (currently 116th) in the Robert Wood Johnson Foundation County Health Rankings. Specific goals include: 1) increase access to care; 2) reduce obesity in children and adults; 3) improve women's health indicators; 4) improve mental health outcomes. [www.prosperwaco.org](http://www.prosperwaco.org)

2013 - 2017 Prosper Waco, Women's Health Sub-Committee. Specific goals of the work include: 1) reduce disparities of poor birth outcomes by 50%; 2) increase the percentage of women receiving annual prevention care by 10%; 3) decrease the number of teen pregnancy across all racial groups by 10%.

2013 - 2017 Prosper Waco, Mental Health Sub-Committee. Specific goals of the work include: 1) decrease use of ER for mental health treatment by 25%; 2) decrease "poor mental health days" as measured by Robert Wood Johnson Foundation County Health Rankings.

2013 - 2017 Prosper Waco, Education Steering Committee. Specific goals of the work include: 1) increase the number of Kindergarten-ready students by 50%; 2) increase percent of economically-disadvantaged students who Complete a Workforce Certificate or College Degree. [www.prosperwaco.org](http://www.prosperwaco.org)

- 2013 - 2016 Waco P-20 Council, Executive Board. The P-20 Council examines statistics and information on the progress of local educational efforts in order to address educational issues in our community.
- 2016 - 2017 National Alliance on Mental Illness (NAMI) – Waco, President. NAMI is the nation’s largest nonprofit, grassroots, self-help support and advocacy organization of consumers, families and friends of people with severe mental illness. As chair of the BOD, responsible for leadership developing new initiatives and funding sources for the nonprofit organization. Founding developer of NAMI on Campus for Tarleton State University, Waco.
- 2014 – 2018 NAMI – Waco, Executive Board. Served as a BOD member prior to being voted as BOD president.
- 2016 - 2018 National Association of Social Workers, Texas. Chair, Women’s Issues Committee. Provide leadership to group of women responsible for policy development, implementation and change in the State of Texas. Lead the committee in following the work of the Texas Legislative Session; present/report to NASW-Texas policy changes which affect women, i.e., health/reproductive health, income/employment, education, poverty and domestic violence.
- 2015 – 2016 NASW Texas, Women’s Issues Committee Member. Committee member prior to chair appointment of the Women’s Issues Committee (WIC).
- 2013 – 2015 NASW Heart of Texas Branch Chair Waco, TX. Served in leadership role to resurrect and develop an active HOT Branch. Mission was accomplished through developing Tarleton State University BSW involvement. Membership survey developed; Social Work Month events hosted; NASW Heart of Texas Branch award ceremonies were hosted. 2013 & 2014 – City of Waco Proclamations was prepared and awarded at City Council Meeting. [www.naswtx.org](http://www.naswtx.org).
- 2013 - 2015 Curriculum Sequence Committee/Pre-Professional Curriculum. Team member collaborating with Tarleton State University Faculty on development of curriculum. Waco, TX
- 2013 - 2015 Curriculum Sequence Committee/Practice Curriculum. Team member collaborating with Tarleton State University Faculty on development of curriculum. Waco, TX
- 2013 Faculty Search Committee /Social Work. Tarleton State University. Social Work Department. Voting/contributing member of faculty search committee. Waco, TX
- 2013 – 2014 REAL/Applied Learning Experience (ALE) Designation Course Redesign. Tarleton State University, Waco, TX
- 1998 – 2012 Capstone Panel/Bachelor’s in Social Work. Collaborative panel member with Social Work faculty to assess Graduating BSW Capstone Projects. Baylor University, Diana R. Garland, School of Social Work, Waco, TX
- 1997 – 2013 Social Work Field Instructor for BSW & MSW Students placed in Waco and surrounding community agencies to complete the field internship requirements.
- 1997 – 2012 Social Work Field Instructor, BSW & MSW students. Methodist Children’s Home/DSHS Waco Center for Youth. Diana R. Garland, School of Social Work. Baylor University. Waco, TX  
University of Mary-Hardin Baylor – BSW Field Internship Instructor. DSHS/Waco Center for Youth. Waco, TX  
Texas Women’s University – BSW Field Internship Instructor. DSHS/Waco Center for Youth. Waco, TX  
University of Texas at Arlington - BSW Field Internship Instructor. DSHS/Waco Center for Youth. Waco, TX
- 2013 Tarleton State University- BSW Field Internship Instructor. Mission Waco Legal Services. Waco, TX
- 1997 – 2012 Social Work Field Education Advisory Board. Collaborative team member with leadership responsibilities to assess, develop and offer suggestions for the re-design of field education policies as needed (BSW & MSW) for the Diana R. Garland School of Social Work. Waco, TX
- 2008 – 2010 Communities in School (CIS). Youth Mentoring Initiative; Memorandum of Understanding - DSHS/WCY

and CIS Heart of Texas. Waco, TX

2000 – 2004 Interdisciplinary – Co-Trainer - All-employee - Behavioral Health Interventions for Children & Youth. Developed 8-hour experiential employee training seminar – provided monthly. **Department of State Health Services. Waco, TX**

### **Academic Affairs/Student Organization**

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September 2017 – 2019 Founding Faculty Advisor for NAMI on Campus Tarleton State Waco

### **MENTORSHIP**

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2012-2019 Advisor, Social Work Students. Tarleton State University. Waco, TX

2013-2017 Mentor for Service Learning Participatory Action Research projects. Tarleton State University. Waco, TX

2013 - 2014 Under-Graduate Research Mentor for Undergraduate Students. Tarleton State University. Melissa McClain, Evelyn Lopez. Waco, TX

1997 – 2017 Mentorship for BSW & MSW Social Work Field Education Students. Waco, TX

### **PROFESSIONAL AFFILIATIONS**

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1992 - current National Association of Social Worker's (NASW) Texas Chapter

2018 – current International Association of Eating Disorder Professionals (IAEDP)

2018 – current International OCD Foundation

2019 – current American Psychological Association (AP)

2019 – current 2022—current EMDR Certified/EMDRIA

2021 - current 2022 – current Healing Trauma Network

### **ACADEMIC MEMBERSHIPS AND SERVICE**

#### Tarleton State University

- Advisor, Social Work, University Center to Tarleton State University (2012-2019)
- Social Work Team Member - MSW Standards for CSWE submission (2012-2019)
- National Alliance on Mental Illness – NAMI on Campus – Tarleton State University/Student Organization
- Pre-Professional Curriculum Sequence Committee for the Tarleton - Social Work (member)
- Practice Curriculum Committee for Tarleton - Social Work (member)
- Search Committee for 2013-2014 Faculty for Social Work – Tarleton Waco

## Texas

- National Association of Social Worker's (NASW) Texas Chapter
- National Association of Social Worker's (NASW) Texas Chapter/Chair, Women's Issues Committee (WIC)
- National Alliance of Mental Illness (NAMI), NAMI Waco, president

## National

- Baccalaureate Program Director's Association (BPD) (member) (2016)
- Baccalaureate Program Director's Association (BPD) National Conference. 2016 - Local Planning Committee (2016)
- National Association of Social Workers (NASW) (2017)

## CONTINUING EDUCATION

Assessment in Eating Disorders (June 2018)

Eating Disorder Treatment, Erin McGinty, LPC, CEDS (October 2018)

Family Based Treatment: From the Ivory Tower to the Real World – All Levels of Care, Daniel Le Grange, PhD & Ellen Astrachan-Fletcher, PhD, CEDS (2018)

Bringing Men to the Table – Research, Practice, and Real-World Experience from the Trenches, Andrew Walen, LCSW-C, LICSW, CEDS (2018)

Therapy: Emotion Focused Family Therapy – Adele LaFrance, PhD, CPsych and Elizabeth Easton, PsyD (2018)

Tangled Up in Food: Treating the Patient with Comorbid Trauma and Binge Eating Disorder, Julie Friedman, PhD and Steven Prinz, MD (2018)

Psychology of Happiness, a provider and patient perspective – Ralph Carson, RD, LD, PhD and National Recovery Advocate Shannon Kopp (2018)

The Change is Within You, Best Selling Memoir, Wild, author, Cheryl Strayed. (2018)

Identifying and Addressing Barriers to Treatment for Individuals – Lara Schuster-Effland, LCSW and Melissa O'Neil MA, LPCA (2018)

Innovation in Care: The Next 10 Years of Treatment – Ovidio Bermudez, MD, FAAP, FSAHM, FAED, F.iaedp, CEDS and Craig Johnson, PhD, CEDS, FAED (2018)

Assessment of Eating Disorders Part 1 & 2, Erin McGinty LPC, CEDS (2018)

Supporting the Caregivers: Using Emotion Focused Family Therapy to Build on Strengths and Navigate Challenges - Allison Chase, PhD, CEDS-S (2018)

Eating Disorders: The Necessity of the Collaborative Model, Allison Chase, PhD, CED-S and Kristin Miselis, MD, MPH (2018)

Enhancing Treatment Through the Use of Religious Belief: Exploring Tools from Judaism and Christianity, The Renfrew Center Foundation, - Sarah Bateman, Edith Majors, Renfrew (2018)

Practical Neurobiology for Clinicians, Scott E. Moseman, M.D., CEDS – Medical Director of Laureate Eating Disorders Program (YEAR)

Movement of Recovery, Maggie Garrity, RD, LDN, Director of Nutrition Services Timberline Knolls & Natalie Breitmeyer, DMT/Yoga Therapist. (YEAR)

Body Views: Exploring How Various Views of the Body Contribute to and Heal Body Hatred, Travis Stewart, LPC, NCC, MATS – Director of Marketing & Business Development at McCallum Place Eating Disorder Centers. (YEAR)

Eating Disorders are Color Blind: Listening, Correcting Imbalances, and Offering Hope, Claire Mysko, MA  
– Chief Executive Officer of the National Eating Disorders Association. (YEAR)

Radically Open Dialectical Behavior Therapy, Karyn Hall, PhD The Menninger Clinic. (2018)

## TARLETON STATE UNIVERSITY, CLOSED IRB'S

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### Tarleton State University

IRB: Submitted June 2015/Closed

**Horn-Johnson, T.C.** (2015). Identifying life challenges of women at a branch campus through life course interview: Implications for service delivery. The purpose of this qualitative participatory action research dissertation study was to examine ways to support women reentering the university to increase their retention and graduation rates as they attain their bachelor's degree in social work.

### Tarleton State University

IRB: Submitted June 2014/Closed

**Horn-Johnson, T. C. & McLain, M.** (2014). Women's initiative: Informant interview development, implementation and Analysis. This purpose of this study was to evaluate specific recommendations from key informants in order to improve women's health in McLennan County, TX.

### Tarleton State University

IRB: Submitted June 2014/Closed

Beaty, D., Horn-Johnson, T. C., McLain, M. Aguilar, L. & Carreon, T. Implementation of a women's health survey. The purpose of this study was to evaluate the health needs and health behaviors of women in McLennan County, TX.

### Tarleton State University

Tarleton State University # 2013-091713-13123 IRB: Submitted June 2014/Closed

Eichas, K., Baruah, J., **Horn-Johnson, T. C.** & Dennard, C. (2013). Making Career and Education Choices Workshop.

### Tarleton State University

IRB No. – Submitted January 2014/Closed

Eichas, K., Jones, N., **Horn-Johnson, T. C.**, Dennard, C. (2014). Life Course Program.

This protocol seeks to investigate the content, structure, and organization of adult identity development among college students at an outreach campus.

## TEXAS DEPARTMENT OF STATE HEALTH SERVICES, CLOSED IRB'S

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Protocol # 680-25-1005 DSHS IRB #2 **Horn-Johnson (PI)** (Harr, co-PI)

5/7/2010 – 8/31/2012

Common characteristics, diagnoses, and course of treatment response for adolescents and families receiving services in a residential treatment center. This protocol enables the building of a WCY data base to examine client treatment responses in order to develop evidence based treatment strategies.

**Role: PI**

Protocol DSHS/IRB#2 Chapman (PI) (**Horn-Johnson/Gardner**, co-PIs)

Alicia Chapman

2011 - 2012

Correlations between gender, aggression, length of stay and treatment outcome in long-term residential care. This study sought to identify, measure and describe the variables listed above relative to adolescent's mental health treatment and outcomes.

**Role: Co-PI**

Protocol – DSHS/IRB#2 O'Neal (PI) (**Horn-Johnson/Dyer**, co-PIs)

Xiomara O'Neal

2011 - 2012

Religiosity and client's condition at discharge. This study examined past and present attitudes toward religious commitment with teens and families and its role in facilitating recovery from mental illness.

**Role: Co-PI**

Protocol DSHS/IRB#2 Pratt (PI) (**Horn-Johnson/Harr**, co-PI's)

Aurelia Pratt

2011 - 2012

The relationship between sexual abuse and the sexual activity of adolescents prior to residential treatment. This study examined the incidence/correlation between sexual abuse and sexual activity.

**Role: Co-PI**

Protocol DSHS/IRB#2 Sauer (PI) (Horn-Johnson/Dyer, Harr, co-PIs)  
Kimberly Sauer  
2011 – 2012  
The relationship between socioeconomic status and child abuse in adolescent prior to placement in long-term residential care. This study examined the correlation between socio-economic-status and child abuse among adolescents entering long-term residential care.

**Role: Co-PI**

Protocol # 680-25-100 DSHS/IRB#2 DeJager (PI) (Horn-Johnson/Harr, co-PIs)  
Lacey DeJager  
2/6/2010 – February 2011  
Social development of adolescents. This study examined the impact of family stressors and/or personal trauma on the social development of adolescents in residential facilities.

**Role: Co-PI**

Protocol # 680-25-1004 DSHS/IRB#2 Jones (PI) (Horn-Johnson/Harr, co-PIs)  
Megan Jones  
3/2/2010 – February 2011  
Adolescents diagnosed with Bipolar Disorder, Major Depressive disorder and/or substance abuse. This study will examine the impact of social factors on adolescents with a diagnosis of Bipolar Disorder, Major Depressive Disorder, and/or Substance Abuse in a Residential Treatment Facility.

**Role: Co-PI**

Protocol # 680-25-1002 DSHS/IRB#2 Pulido (PI) (Horn-Johnson/Dyer, co-PIs)  
Ryan Pulido  
2/17/2010 - 5/18/10  
Adolescent patients receiving mechanical restraints. This study sought to identify common factors among adolescent patients receiving mechanical restraints in a residential treatment setting.

**Role: Co-PI**

Protocol – 680-25-1003 DSHS/IRB#2 Keller (PI) (Horn-Johnson/Dyer, co-PIs)  
Kimberly Keller  
2/28/2010 - 5/26/10  
Adolescents diagnosed with Bipolar Disorder and discharged “unimproved.” This study examined common characteristics among adolescents admitted to a residential treatment center diagnosed with bipolar disorder and discharged as unimproved.

**Role: Co-PI**

